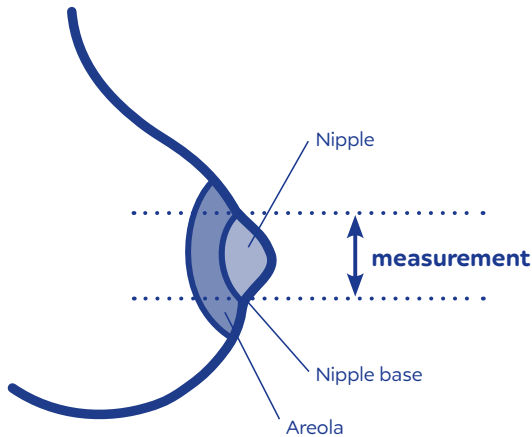


Pumping doesn't have to be painful

How to choose the right size of the funnel?



The funnel has a significant impact on the comfort and effectiveness of milk expression. Choosing the right funnel size makes it easier to achieve optimum milk flow.

The size of the breast does not necessarily correspond to the size of the nipple. The diameter of the nipple determines the size of the funnel.

Using a tape measure or ruler, measure the diameter of the nipple at its base (through the centre), not including the areola. Read the size in millimetres (mm).

Based on your measurement, select the appropriate funnel size:

- nipple diameter 13-15 mm → funnel 17 mm
- nipple diameter 15-17 mm → funnel 19 mm
- nipple diameter 17-19 mm → funnel 21 mm
- nipple diameter 20-22 mm → funnel 24 mm
- nipple diameter 23-25 mm → funnel 27 mm*

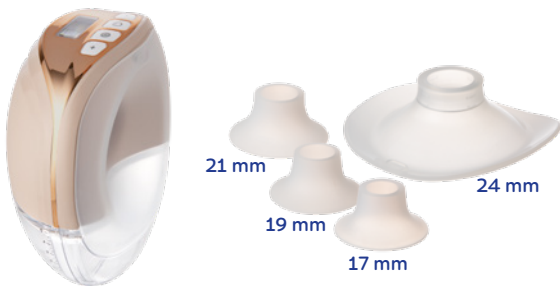
*Not part of the set, available for purchase on canpolbabies.com website.

REMEMBER!

If you're on the fence about sizes, try both funnel sizes and choose the most comfortable.

Sometimes it is necessary to choose a different breast shield size for each breast – measure the nipple in both breasts.

Wireless In-Bra Breast Pump Hands-Free



Try the funnels included to Canpol babies breast pump set. The set includes 4 funnel sizes – basic, built into 24 mm breast pump and 3 replaceable inserts in sizes: 17, 19 and 21 mm.

- Gently place the funnel with the silicone cover on your breast with the nipple in the center.
- Set the maximum suction power that is comfortable for you. Pumping shouldn't be painful.
- During the actual pumping phase, after the stimulation phase, check that you have the correct size funnel, using the following graphics as a guide.

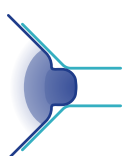


When the nipple is retracted into the funnel tunnel with the part of the areola – **the funnel is too big.**

Try a smaller size, putting on one of the inserts into the center of the funnel.



When the nipple is in the middle of the tunnel and moves freely means that **the funnel is correct.**



If the nipple rubs against the walls of the tunnel – **the funnel is too small.**

If the basic 24mm funnel is too small, try the larger 27mm funnel size.*



1. Choose the insert.



2. Place it into the opening of the funnel to reduce its diameter.



*Not part of the set, available for purchase on canpolbabies.com website.